

# Group Activities

## MAY 2024

### TUESDAYS

#### 7<sup>th</sup> – PORT MACQUARIE STADIUM

Cost \$5

- Fun & Games at the Stadium
- Bring \$\$ for lunch
- Morning/afternoon tea provided



#### 14<sup>th</sup> – PORT MAC TENNIS CLUB

Cost \$15

- Have a hit & giggle
- Lunch provided
- Morning/afternoon tea provided



#### 21<sup>st</sup> – COOKING @ THE FOUNDATION

Cost \$15

- Use your culinary skills to create a delicious lunch
- Lunch provided
- Morning/afternoon tea provided



#### 28<sup>th</sup> – WAVE BOWL

Cost \$13

- Time to strike up some fun & roll into bowling
- Bring \$\$ for lunch
- Morning/afternoon tea provided



### WEDNESDAYS

#### 1<sup>st</sup> – ALICE IN PAPERLAND

Cost \$10

- Mother's Day / Friendship cards
- Lunch at Café
- Morning/afternoon tea provided



#### 8<sup>th</sup> – PORT MACQUARIE STADIUM

Cost \$12

- Fun & Games at the Stadium & BBQ Lunch
- Morning/afternoon tea provided

#### 15<sup>th</sup> – CRESCENT HEAD TAVERN & COASTAL WALK

Cost \$5

- Exploring the coastal town of Crescent Head
- Bring \$\$ for lunch
- Morning/afternoon tea provided



#### 22<sup>nd</sup> – LAWN BOWLS & SETTLEMENT POINT

Cost \$12

- Try your skills at lawn bowls!
- Lunch provided
- Morning/afternoon tea provided

#### 29<sup>th</sup> – MASTERCHEF & GAMES

Cost \$12

- Come and create a delicious lunch at Narran Park
- Lunch provided
- Morning/afternoon tea provided



# Group Activities

## MAY 2024

### THURSDAYS

#### 2<sup>nd</sup> – RICCARDOES – pay for what you pick

Cost \$3

- Come & pick strawberries or tomatoes
- Bring \$\$ for lunch at cafe
- Morning/afternoon tea provided

#### 9<sup>th</sup> – MASTERCHEF & GAMES

Cost \$12

- Come and create a delicious lunch at Narran Park
- Lunch provided
- Morning/afternoon tea provided

#### 16<sup>th</sup> – ALICE IN PAPERLAND

Cost \$10

- Get creative while you play
- Bring \$\$ for lunch at cafe
- Morning/afternoon tea provided

#### 23<sup>rd</sup> – LOU'S CAFÉ @ KEMPSEY

Cost \$5

- Brunch & exploring Kempsey
- Bring \$\$ for brunch
- Morning/afternoon tea provided

#### 30<sup>th</sup> – ALICE IN PAPERLAND

Cost \$15

- Today's theme is 'friendship'
- Picnic lunch provided
- Morning/afternoon tea provided

### FRIDAYS

#### 3<sup>rd</sup> – GOURMET BEACH BURGERS

Cost \$12

- Creating the ultimate taste sensation in every bite
- Lunch provided
- Morning/afternoon tea provided



#### 10<sup>th</sup> – MARITIME MUSEUM

Cost \$15

- Learn about local maritime history
- Picnic lunch provided
- Morning/afternoon tea provided



#### 17<sup>th</sup> – DINING & EXPLORING NORTH HAVEN

Cost \$5

- Exploring beautiful North Haven
- Bring \$\$ for lunch at Family Chinese Restaurant
- Morning/afternoon tea provided



#### 24<sup>th</sup> – Explore the Googik Track

Cost \$5

- Bring \$\$ for lunch - Lets dine out
- Morning/afternoon tea provided



#### 31<sup>st</sup> – VACATION VILLAGE POOL & PING PONG

Cost \$12

- Rack 'em up for the ultimate showdown
- Lunch provided
- Morning/afternoon tea provided



Willing & Able have been assisting adults living with disability for more than 50 years. Among our many services is an activities program! Come along and join in the fun, in a safe, supported and inclusive environment.

#### IN COMMUNITY....

Walking, Swimming, Tennis, Mini Golf, Fishing, Ten Pin Bowling, Lawn Bowls, Outdoor Cooking & Games, Exploring the local area and attractions.

#### IN CENTRE....

Craft, Painting, Games, Music, Movie Afternoons, Cooking, Menu Planning, Baking and all things creative and fun!

#### ALWAYS....

Friendship, Fun, Connections, Support.

Programs include a cooked breakfast every day, followed by a safety review of the day's activities.

Contact:

 [linda@willingandable.org.au](mailto:linda@willingandable.org.au)

 02 6581 0939

 39 Jindalee Rd, Port Macquarie NSW