

Group Activities

APRIL 2025

TUESDAYS

1st - Putt Putt Kendall

Cost \$5

- Let's get putting
- Bring \$\$ for lunch
- Morning/afternoon tea provided



8th - Ricardoes Tomatoes

Cost \$5

- Pay for what you pick
- Picnic lunch
- Morning/afternoon tea provided



15th - Croquet

Cost \$10

- A day on the Green
- Bring \$\$ for lunch
- Morning/afternoon tea provided



22nd - Koala Conservation Centre

Cost \$8

- Hastings Hotel Wauchope for lunch
- Bring \$\$ for lunch
- Morning/afternoon tea provided



29th - Fishing at McInherney & exploring

Cost \$12

- Let's go fishing
- Lunch provided
- Morning/afternoon tea provided



WEDNESDAYS

2nd - Putt Putt Kendall

Cost \$5

- Swing into fun
- Bring \$\$ for lunch
- Morning/afternoon tea provided



9th - Alice in Paperland

Cost \$10

- Creative play
- Bring \$\$ for lunch
- Morning/afternoon tea provided



16th - Sailability

Cost \$12

- Let's sailability into the sunset
- Picnic lunch
- Morning/afternoon tea provided



23rd - Koala Conservation Centre

Cost \$8

- Hastings Hotel Wauchope for lunch
- Bring \$\$ for lunch
- Morning/afternoon tea provided



30th - Masterchef & games

Cost \$12

- Cook up a storm at Narran Park
- BBQ lunch
- Morning/afternoon tea provided



Willing & Able have been assisting adults living with disability for more than 50 years. Among our many services is an activities program! Come along and join in the fun, in a safe, supported and inclusive environment.

IN COMMUNITY....

Walking, Swimming, Tennis, Mini Golf, Fishing, Ten Pin Bowling, Lawn Bowls, Outdoor Cooking & Games, Exploring the local area and attractions.

IN CENTRE....

Craft, Painting, Games, Music, Movie Afternoons, Cooking, Menu Planning, Baking and all things creative and fun!

ALWAYS....

Friendship, Fun, Connections, Support.

Programs include a cooked breakfast every day, followed by a safety review of the day's activities.

Contact:

compliance@willingandable.org.au
02 6581 0939
39 Jindalee Rd
Port Macquarie NSW

Group Activities

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THURSDAYS

3rd - Koala Conservation Centre

Cost \$8

- Hastings Hotel Wauchope for lunch
- Bring \$\$ for lunch
- Morning/afternoon tea provided



10th - Cooking at the Foundation

Cost \$12

- Healthy choice - healthy mind
- Lunch provided
- Morning/afternoon tea provided



17th - Alice in Paperland

Cost \$10

- Let your creative juices flow
- Bring \$\$ for lunch
- Morning/afternoon tea provided



24th - Arts & Crafts at the Foundation

Cost \$12

- Put your creative hats on
- Yummy lunch provided
- Morning/afternoon tea provided



FRIDAYS

4th - Hydro Golf

Cost \$12

- Let's swing into action
- Bring \$\$ for lunch
- Morning/afternoon tea provided



11th - Koala Conservation Centre

Cost \$8

- Hastings Hotel Wauchope for lunch
- Bring \$\$ for lunch
- Morning/afternoon tea provided



18th - Public Holiday



25th - Public Holiday

