

Group Activities

AUGUST 2024

TUESDAYS

6th – RICCARDO'S TOMATOS

Cost \$5

- Pay for what you pick
- Bring \$\$ for lunch
- Morning/afternoon tea provided



13th – MASTER CHEF & GAMES

Cost \$12

- Cook up a storm before games @ Narran Park
- Lunch provided
- Morning/afternoon tea provided



20th – PAINTBALL FUN & ACTION

Cost \$25

- Paintball target practice
- Lunch provided
- Morning/afternoon tea provided



27th – PORT MAC STADIUM

Cost \$5

- Fun and games at the Stadium and a coastal drive
- Bring \$\$ for lunch
- Morning/afternoon tea provided



WEDNESDAYS

7th – BLUE WHALE ASIAN EATERY & WHALE WATCHING

Cost \$5

- Exotic Flavours & keen eyes today
- Bring \$\$ for lunch
- Morning/afternoon tea provided



14th – BAGO MAZE & LUNCH at HERITAGE HOTEL

Cost \$15

- Don't get lost in the maze!
- Bring \$\$ for lunch
- Morning/afternoon tea provided



21st – NORTH HAVEN EXPLORE & SHARK SPOTTING

Cost \$5

- Dining out – you choose
- Bring \$\$ for lunch
- Morning/afternoon tea provided



28th – BIG GAMES DAY & BBQ @ NARRAN PARK

Cost \$12

- Fire up for Fun
- BBQ lunch provided
- Morning/afternoon tea provided



Willing & Able have been assisting adults living with disability for more than 50 years. Among our many services is an activities program! Come along and join in the fun, in a safe, supported and inclusive environment.

IN COMMUNITY....

Walking, Swimming, Tennis, Mini Golf, Fishing, Ten Pin Bowling, Lawn Bowls, Outdoor Cooking & Games, Exploring the local area and attractions.

IN CENTRE....

Craft, Painting, Games, Music, Movie Afternoons, Cooking, Menu Planning, Baking and all things creative and fun!

ALWAYS....

Friendship, Fun, Connections, Support.

Programs include a cooked breakfast every day, followed by a safety review of the day's activities.

Contact:

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Group Activities

AUGUST 2024

THURSDAYS

1st – ALICE IN PAPERLAND

Cost \$10

- Creative play
- Bring \$\$ for lunch
- Morning/afternoon tea provided



8th – COOKING @ THE FOUNDATION

Cost \$12

- Healthy Choices – Healthy Mind
- Lunch provided
- Morning/afternoon tea provided



15th – KOALA HOSPITAL & ROTO HOUSE

Cost \$5

- Koalas – Say Hello
- Bring \$\$ for lunch
- Morning/afternoon tea provided



22nd – KARAOKE @ NARRAN PARK

Cost - 12

- Karaoke and healthy cooking
- Lunch provided
- Morning/afternoon tea provided



29th – PJ & CHOCOLATE CRACKLE FUN DAY

Cost - \$15

- Bake and Chill
- Lunch provided
- Morning/afternoon tea provided



FRIDAYS

2nd – VACATION VILLAGE & POOL TOURNAMENT

Cost \$12

- Winners all round
- Lunch provided
- Morning/afternoon tea provided



9th – MASTERCHEF & GAMES

Cost \$12

- At Narran Park
- Lunch provided
- Morning/afternoon tea provided



16th – HYDRO GOLF & LUNCH AT SETTS

Cost \$12

- Swing in to Friday
- Bring \$\$ for lunch
- Morning/afternoon tea provided



23rd – NORTH HAVEN EXPLORE

Cost \$5

- Coastal drive
- Dining out – you choose
- Morning/afternoon tea provided



30th – CROQUET

Cost \$15

- Croquet – On the Green
- Healthy lunch provided
- Morning/afternoon tea provided

