TUESDAYS

Group Activities

WEDNESDAYS



2nd - Vacation Village Cost \$15

- Shoot some pool or take a dip anyone? Bring swimmers, hat & sunscreen
- **BBQ** lunch provided
- Light breakfast provided

3rd - Sailability

- We are sailing
- Lunch provided
- Light breakfast provided



Cost \$15



9th – Sea Acres

Cost \$15

- What a pleasant day to walk it out in the rainforest.
- Lunch provided
- Light breakfast provided

10th – Card Making

- **Cost \$12**
- Let's put our creative hats on!
- Bring \$\$ for lunch
- Light breakfast provided



16th - Mystery Day Adventure

Cost \$5

17th - Myster Day Adventure

- Cost \$5
- Where are we going? Don't ask it's a secret.
- Bring \$\$ for lunch
- Light breakfast provided



- Not telling you! I'ts a secret!
- Bring \$\$ for lunch
- Light breakfast provided



Willing & Able have been assisting adults living with disability for more than 50 years. Among our many services is an activities program! Come along and join in the fun, in a safe, supported and inclusive environment.

IN COMMUNITY....

Walking, Swimming, Tennis, Mini Golf, Fishing, Ten Pin Bowling, Lawn Bowls, OutdoorCooking&Games,Exploringthe local area and attractions.

IN CENTRE....

Craft, Painting, Games, Music, Movie Afternoons, Cooking, Menu Planning, Baking and all things creative and fun!

ALWAYS....

Friendship, Fun, Connections, Support. Programs include a cooked breakfast every day, followed by a safety review of the day's activities.

Contact:

compliance@willingandable.org.au 02 6581 0939 39 Jindalee Rd **Port Macquarie**



Group Activities

THURSDAYS

December 2025

FRIDAYS

4th - Sea Acres

- **Cost \$15**
- Fancy a stroll through the rainforest?
- Lunch provided
- Light breakfast provided



11th—Card Making

Cost \$12



- Don't we just love Jeanette and card making?
- Bring \$\$ for lunch
- Light breakfast provided

18th – Games at the Foundation & out for lunch Cost \$5

- Woo Hoo! Let's have fun together before our holidays!
- Bring \$\$ for lunch
- Light breakfast provided



5th - Bowling

Cost \$18



- Keep calm & get bowling
- Bring \$\$ for lunch
- Light breakfast provided

12th - Vacation Village

Cost \$15

- Let's go for a dip!
 Bring your swimmers, hat & sunscreen
- Lunch provided
- Light breakfast provided



19th - Myster Day Adventure

Cost \$5



- Let's cruise along & have some fun
- Bring \$\$ for lunch
- Light breakfast provided