Group Activities

JUNE 2025

TUESDAYS

3rd - The Bowl Cost \$18

- Strike a Pose
- Bring \$\$ for lunch
- Morning/afternoon tea provided



10th - Croquet Cost \$10

- A day on the green
- Bring \$\$ for lunch
- Morning/afternoon tea provided

17th - Sea Acres Cost \$15

- Who enjoys peace and quiet?
- Lunch provided
- Morning/afternoon tea provided



24th - Coastal Walk Cost \$12

- BBQ at Shelley Beach- lunch provided
- Morning/afternoon tea provided

WEDNESDAYS

4th - Croquet Cost \$10

- Rolling into fun
- Bring \$\$ for lunch
- Morning/afternoon tea provided



11th - Sea Acres Cost \$15

- Rainforest Bliss
- Lunch provided
- Morning/afternoon tea provided

18th - Alice's Cost \$12

- Creative fun!
- Bring \$\$ for lunch
- Morning/afternoon tea provided

Maria La

25th - Coastal Drive & Walk Cost \$5



- Lunch at Laurieton Hotel
- Bring \$\$ for lunch
- Morning/afternoon tea provided



Willing & Able have been assisting adults living with disability for more than 50 years. Among our many services is an activities program!

Come along and join in the fun, in a safe, supported and inclusive environment.

IN COMMUNITY....

Walking, Swimming, Tennis, Mini Golf, Fishing, Ten Pin Bowling, Lawn Bowls, Outdoor Cooking & Games, Exploring the local area and attractions.

IN CENTRE....

Craft, Painting, Games, Music, Movie Afternoons, Cooking, Menu Planning, Baking and all things creative and fun!

ALWAYS....

Friendship, Fun, Connections, Support.

Programs include a cooked breakfast every day, followed by a safety review of the day's activities.

Contact:

compliance@willingandable.org.au 02 6581 0939 39 Jindalee Rd

Port Macquarie NSW

Group Activities

JUNE 2025

THURSDAYS

5th The Bowl Cost \$18

- Strike a Pose
- Bring \$\$ for lunch
- Morning/afternoon tea provided

12th – Laurieton Library & Coastal Drive. Cost \$5



- A day with the books
- Bring \$\$ for a Chinese lunch
- Morning/afternoon tea provided

19th Movie Day - Majestic Cinemas

Cost \$12

- The Big Screen
- Lunch & Morning/afternoon tea provided

26th - Alice's Cost \$12

- Creative fun!
- Picnic by the water
- Lunch & Morning/afternoon tea provided

FRIDAYS

6th - Coastal Walk Cost \$12



- BBQ at Shelley Beach- lunch provided
- Morning/afternoon tea provided

13th Lawn Bowls

Cost \$5

- A day on the green
- Bring \$\$ for lunch
- Morning/afternoon tea provided

20th - Cowarra Dam Cost \$12



- Ahhhhhh- the serenity!
- Lunch provided
- Morning / afternoon tea provided



27th - Croquet Cost \$10

- Let's roll into fun!
- Lunch provided
- Morning / afternoon tea provided