

Group Activities

TUESDAYS

AUGUST 2025

WEDNESDAYS

5th – The Bowl

Cost \$18

- Strike for fun
- Bring \$\$ for lunch
- Morning/afternoon tea provided



6th – Croquet

Cost \$12

- Rolling into fun!
- Bring \$\$ for lunch
- Morning/afternoon tea provided



12th – Masterchef at Stuart Park

Cost \$15

- Let's cook up a storm
- BBQ Lunch provided
- Morning/afternoon tea provided



13th – The Bowl

Cost \$18

- Strike a pose!
- BBQ at Stuart Park
- Morning/afternoon tea provided

19th – Fishing at McInherney

Cost \$12

- Let's go fishing! Woo Hoo!
- Lunch provided
- Morning/afternoon tea provided



20th – Alices

Cost \$15

- Celebration theme
- Picnic by the water
- Morning/afternoon tea provided



27th – Riccardos

Cost \$5

- Lunch at Telegraph Point Club
- Bring \$\$ for lunch
- Morning/afternoon tea provided



26th – Croquet

Cost \$12

- Let's get rolling
- Bring \$\$ for lunch
- Morning/afternoon tea provided



Willing & Able have been assisting adults living with disability for more than 50 years. Among our many services is an activities program! Come along and join in the fun, in a safe, supported and inclusive environment.

IN COMMUNITY....

Walking, Swimming, Tennis, Mini Golf, Fishing, Ten Pin Bowling, Lawn Bowls, Outdoor Cooking & Games, Exploring the local area and attractions.

IN CENTRE....

Craft, Painting, Games, Music, Movie Afternoons, Cooking, Menu Planning, Baking and all things creative and fun!

ALWAYS....

Friendship, Fun, Connections, Support.

Programs include a cooked breakfast every day, followed by a safety review of the day's activities.

Contact:

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Port Macquarie

Group Activities

THURSDAYS

AUGUST 2025

FRIDAYS

7th – Alices

Cost \$12

- Celebration theme
- Bring \$\$ for lunch
- Morning/afternoon tea provided



14th – Riccardos

Cost \$5

- Lunch at Telegraph Point Club
- Bring \$\$ for lunch
- Morning/afternoon tea provided



21st – Croquet

Cost \$18

- Rolling into fun
- Picnic lunch at foundation
- Morning/afternoon tea provided



28th – Cooking at the foundation

Cost \$15

- Mexican theme
- Lunch provided
- Morning/afternoon tea provided



1st – Whale Watching

Cost \$5

- Lunch at Telegraph Point Club
- Bring \$\$ for lunch
- Morning/afternoon tea provided



8th – Croquet

Cost \$18

- Let's have some fun on the green
- Lunch provided
- Morning/afternoon tea provided



15th – Masterchef at Dunbogan Reserve

Cost \$15

- Let's get cooking
- BBQ Lunch provided
- Morning/afternoon tea provided



MasterChef

22nd – The Bowl

Cost \$18

- Let's swing into action
- Bring \$\$ for lunch
- Morning/afternoon tea provided



29th – Country Drive

Cost \$5

- Lunch at Beechwood Cafe
- Bring \$\$ for lunch
- Morning/afternoon tea provided

