

Group Activities

SEPTEMBER 2024

TUESDAYS

3rd – FISHING AT McINHERNEY PARK & BBQ

Cost \$12

- Hook up a line to catch a fish and yummy tucker
- Lunch provided
- Morning/afternoon tea provided



10th – BEECHWOOD CAFÉ & COUNTRY DRIVE

Cost \$5

- Explore our country region
- Bring \$\$ for lunch
- Morning/afternoon tea provided



17th – HYDRO GOLF & DINING OUT OF YOUR CHOICE

Cost \$12

- Swing into fun and win a prize
- Bring \$\$ for lunch
- Morning/afternoon tea provided



24th – MASTER CHEF & BOCCIA AT STEWART PARK

Cost \$12

- Time to don the apron and hit the target of taste and fun
- Lunch provided
- Morning/afternoon tea provided



WEDNESDAYS

4th – LUNCH AT KEMPSEY RSL

Cost \$5

- Explore Kempsey
- Bring \$\$ for lunch
- Morning/afternoon tea provided



11th – MARINE DISCOVERY CENTRE & MASTER CHEF

Cost \$12

- Finding Nemo
- Lunch provided
- Morning/afternoon tea provided



18th – EDEN BRAE FARM

Cost \$12

- An adventure into farm life and animals
- Picnic lunch
- Morning/afternoon tea provided



25th – KOALA HOSPITAL & ROTO HOUSE

Cost \$5

- Say Hi to a koala and learn about the local history of Roto House
- Bring \$\$ for lunch
- Morning/afternoon tea provided



Willing & Able have been assisting adults living with disability for more than 50 years. Among our many services is an activities program! Come along and join in the fun, in a safe, supported and inclusive environment.

IN COMMUNITY....

Walking, Swimming, Tennis, Mini Golf, Fishing, Ten Pin Bowling, Lawn Bowls, Outdoor Cooking & Games, Exploring the local area and attractions.

IN CENTRE....

Craft, Painting, Games, Music, Movie Afternoons, Cooking, Menu Planning, Baking and all things creative and fun!

ALWAYS....

Friendship, Fun, Connections, Support.

Programs include a cooked breakfast every day, followed by a safety review of the day's activities.

Contact:

linda@willingandable.org.au

02 6581 0939

39 Jindalee Rd, Port Macquarie NSW

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THURSDAYS

5th – TASTE OF ASIA & WHALE WATCHING

Cost \$5

- Sensory delight
- Bring \$\$ for lunch
- Morning/afternoon tea provided



12th – RICARDOES & PICNIC LUNCH BY THE BEACH

Cost \$12

- Pay for what you pick
- Lunch provided
- Morning/afternoon tea provided



19th – LOU'S CAFÉ & CARD MAKING

Cost \$5

- Kempsey
- Bring \$\$ for lunch
- Morning/afternoon tea provided



26th – PIZZA & MOVIE DAY

Cost \$15

- Healthy homemade pizza and movie delights
- Lunch provided
- Morning/afternoon tea provided



FRIDAYS

6th – LAKE CATHIE PICNIC LUNCH & WHALE WATCHING

Cost \$12

- Lunch provided
- Morning/afternoon tea provided



13th – BLUE WHALE EATERY & COASTAL WALK

Cost \$5

- Coastal walk
- Bring \$\$ for lunch
- Morning/afternoon tea provided



20th – GOURMET BURGERS & GAMES DAY

Cost \$12

- Swing into Friday
- Bring \$\$ for lunch
- Morning/afternoon tea provided



27th – WAVE BOWL & LUNCH AT THE SETTLERS INN

Cost \$15

- Ten Pin strikes again
- Bring \$\$ for lunch
- Morning/afternoon tea provided

