

TUESDAYS

Group Activities

January 2026

WEDNESDAYS



6th – Kendall Pool

Cost \$15

- Care for a swim?
- Picnic lunch
- Light breakfast provided



7th – Masterchef at Settlement Point

Cost \$15

- Let's cook up a feast!
- Lunch provided
- Light breakfast provided



13th – Hydro Golf

Cost \$12

- Bullseye!
- Bring \$\$ for lunch
- Light breakfast provided



14th – Card Making

Cost \$15

- Card making is so much fun!
- Bring \$\$ for lunch
- Light breakfast provided



20th – Vacation Village

Cost \$15

- Bring Swimmers, hat, sunscreen & let's have fun
- Lunch provided
- Light breakfast provided



21st – Kendall Pool

Cost \$15

- This is simply the best!
- BBQ lunch
- Light breakfast provided



27th – Movie Day

Cost \$10

- Let's stay cool & watch an awesome movie!
- Lunch provided
- Light breakfast provided



28th – Bowling

Cost \$18

- Let's get on a roll & bowl!
- Bring \$\$ for lunch
- Light breakfast provided



Willing & Able have been assisting adults living with disability for more than 50 years. Among our many services is an activities program! Come along and join in the fun, in a safe, supported and inclusive environment.

IN COMMUNITY....

Walking, Swimming, Tennis, Mini Golf, Fishing, Ten Pin Bowling, Lawn Bowls, Outdoor Cooking & Games, Exploring the local area and attractions.

IN CENTRE....

Craft, Painting, Games, Music, Movie Afternoons, Cooking, Menu Planning, Baking and all things creative and fun!

ALWAYS....

Friendship, Fun, Connections, Support. Programs include a cooked breakfast every day, followed by a safety review of the day's activities.

Contact:

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Port Macquarie

Group Activities

THURSDAYS

January 2026

FRIDAYS

8th – Cooking at the Foundation

- Let's cook up a storm!
- BBQ lunch
- Light breakfast provided

Cost \$15



15th– Card Making



- Let's get creative!
- Bring \$\$ for lunch
- Light breakfast provided

Cost \$15

22nd – Kendall Pool

- Keep calm & let's swim.
- Lunch provided
- Light breakfast provided



Cost \$15

29th – Bowling



- Ready to roll into some fun?
- Bring \$\$ for lunch
- Light breakfast provided

Cost \$18

9th – Kendall Pool

Cost \$15



- It's too hot not to swim!
- BBQ lunch
- Light breakfast provided

16th – Sea Acres

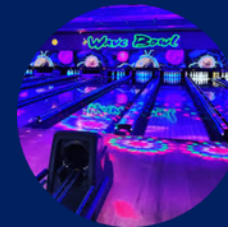
Cost \$5

- Care for a stroll?
- Bring \$\$ for lunch
- Light breakfast provided



23rd – Bowling

Cost \$18



- Life's a bowl full of strikes!
- Bring \$\$ for lunch
- Light breakfast provided

30th – Vacation Village

Cost \$15

- Bring Swimmers, hat, & sunscreen.
- Lunch provided
- Light breakfast provided

