Group Activities

TUESDAYS

1st – Lawn Bowls

- Let's get bowling
- Bring \$\$ for lunch
- Morning/afternoon tea provided

2nd – Croquet

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- Bring \$\$ for lunch
- Morning/afternoon tea provided



Willing & Able have been assisting adults living with disability for more than 50 years. Among our many services is an activities program! Come along and join in the fun, in a safe, supported and inclusive environment.

Together We Can Make A Difference

& ABLE

OUNDATION

IN COMMUNITY....

Walking, Swimming, Tennis, Mini Golf, Fishing, Ten Pin Bowling, Lawn Bowls, **Outdoor Cooking & Games, Exploring the** local area and attractions.

IN CENTRE....

Craft, Painting, Games, Music, Movie Afternoons, Cooking, Menu Planning, Baking and all things creative and fun!

ALWAYS....

Friendship, Fun, Connections, Support.

Programs include a cooked breakfast every day, followed by a safety review of the day's activities. Contact:

compliance@willingandable.org.au 02 6581 0939 **39 Jindalee Rd Port Macquarie**

8th – Putt Putt Kendall Cost \$8

Time for a hole in one at Kendall

Cost \$5

- Bring \$\$ for lunch
- Morning/afternoon tea provided •

15th – X Golf Cost \$25

- Time for a hole in one!
- Lunch provided
- Morning/afternoon tea provided

- 22nd Croquet Cost \$13
- Rolling into fun
 - Bring \$\$ for lunch
 - Morning/afternoon tea provided

29th - Narran Park Cost \$12

- Let's go exploring
- **BBQ** lunch
- Morning/afternoon tea provided



- 23rd Lawn Bowls Cost \$12
- Let's bowl that jack!
 - Lunch provided
- Morning/afternoon tea provided

30th – Glasshouse Gallery Cost \$12

- Rosana on the piano 11-12pm
- Lunch provided
- Morning/afternoon tea provided





- Cost \$26

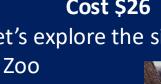


9th – Beechwood Café & Drive

Tucker & a drive! That's livin'!

Cost \$5

- Pack your lunch & let's explore the sights &
 - sounds of Billabong Zoo
 - Bring your own lunch



- Morning/afternoon tea provided







Bring \$\$ for lunch

Cost \$13



Group Activities

JULY 2025

FRIDAYS

THURSDAYS

3rd – Putt Putt Kendall

Cost \$8

- Who doesn't love Putt Putt
 - Bring \$\$ for lunch
- Morning/afternoon tea provided

10th – Winter Warmers Cooking Cost \$12



- Using the air fryer
- Lunch provided
- Morning/afternoon tea provided

17th – Croquet

- Cost \$13
- Let's hit those balls through the hoops
- Bring \$\$ for Lunch
- Morning/afternoon tea provided

24th – Narran Park

- Yummo! Let's cook up a storm!
- BBQ lunch
- Morning/afternoon tea provided

31st – Candle Making

- Let's have some fun making candles
- Bring your own lunch
- Morning/afternoon tea provided



4th – Putt Putt Kendall

- Let's get putting
- Bring \$\$ for lunch
- Morning/afternoon tea provided



11th – Narran Park

- ark Cost \$12
- Who doesn't love Narran?
- BBQ Lunch
- Morning/afternoon tea provided

18th – Sea Acres

Cost \$12

Cost \$8

- Let's find some peace!
- Lunch provided
- Morning/afternoon tea provided

25th – Hydro Golf

- Who wants to win some money?
- Bring \$\$ for lunch
- Morning/afternoon tea provided



Cost \$12

Cost \$15



Cost \$12

Cost \$12

