

Group Activities

MARCH 2025

TUESDAYS

4th - Wavebowl

Cost \$18

- Let's strike up some fun
- Bring \$\$ for lunch
- Morning/afternoon tea provided



11th - Wauchope Pool

Cost \$15

- Let's make some waves
- Picnic lunch
- Morning/afternoon tea provided



18th - Croquet

Cost \$10

- A day on the Green
- Bring \$\$ for lunch
- Morning/afternoon tea provided



25th - MasterChef & games at McInherney Park

Cost \$15

- Let's cook up a storm
- Lunch provided
- Morning/afternoon tea provided



WEDNESDAYS

5th - Wauchope Pool

Cost \$15

- Let's make a splash
- Picnic lunch
- Morning/afternoon tea provided



12th - Alice in Paperland

Cost \$10

- Let's get our creative hats on
- Bring \$\$ for lunch
- Morning/afternoon tea provided



19th - Lawn Bowls

Cost \$5

- Let's get bowling
- Bring \$\$ for lunch
- Morning/afternoon tea provided



26th - Ricardoes Tomatoes

Cost \$5

- Pay for what you pick
- Picnic lunch
- Morning/afternoon tea provided



Willing & Able have been assisting adults living with disability for more than 50 years. Among our many services is an activities program! Come along and join in the fun, in a safe, supported and inclusive environment.

IN COMMUNITY....

Walking, Swimming, Tennis, Mini Golf, Fishing, Ten Pin Bowling, Lawn Bowls, Outdoor Cooking & Games, Exploring the local area and attractions.

IN CENTRE....

Craft, Painting, Games, Music, Movie Afternoons, Cooking, Menu Planning, Baking and all things creative and fun!

ALWAYS....

Friendship, Fun, Connections, Support.

Programs include a cooked breakfast every day, followed by a safety review of the day's activities.

Contact:

compliance@willingandable.org.au
02 6581 0939
39 Jindalee Rd
Port Macquarie NSW

Group Activities

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THURSDAYS

6th - Freya's Place

Cost \$12

- Let's jump into fun at Freya's place
- Bring swimmers
- BBQ lunch
- Morning/afternoon tea provided



13th - Wave Bowl

Cost \$18

- Let's get on a roll and bowl, bowl, bowl
- Bring \$\$ for lunch
- Morning/afternoon tea provided



20th - Italian Cooking

Cost \$15

- Pasta la vista baby, let's get cooking
- Gourmet lunch provided
- Morning/afternoon tea provided



27th - Alice in Paperland

Cost \$10

- Let's brush up on our creative skills
- Bring \$\$ for lunch
- Morning/afternoon tea provided



FRIDAYS

7th - Wauchope Pool

Cost \$15

- Fancy cooling down
- Picnic lunch
- Morning/afternoon tea provided



14th - Lawn Bowls

Cost \$5

- Bowling at Port City and lunch out
- Bring \$\$ for lunch
- Morning/afternoon tea provided



21st - Croquet

Cost \$15

- Let's strike for fun
- Picnic lunch
- Morning/afternoon tea provided



28th - Putt Putt Kendall

Cost \$8

- Grab a putter at Kew
- Bring \$\$ for lunch
- Morning/afternoon tea provided

