

AUGUST - Friday's

5th August - Cost \$20.00

► Maxxs Family Fun

- Slot Cars & Games
- BYO Lunch or \$\$ to Buy
- Morning/Afternoon Tea Provided

12th August - Cost \$15.00

► Koala Hospital & BBQ Lunch

- Visit the Koala Hospital
- Cook a BBQ Lunch
- Morning/Afternoon Tea Provided

19th August - Cost \$5.00

► Multi Sport Games Day

- Indoor Sports Stadium
- BYO Lunch or \$\$ to Buy
- Morning/Afternoon Tea Provided

26th August - Cost \$15.00

► Googik Walking Track

- BYO Lunch or \$\$ to Buy
- Morning/Afternoon Tea Provided

Willing & Able have been assisting adults with intellectual disabilities for over 40 years. Among our many services is an activities program! Come along and join in the fun, in a safe, supported and inclusive environment.

IN COMMUNITY....

Walking, Swimming, Tennis, Mini Golf, Fishing, Ten Pin Bowling, Lawn Bowls, Outdoor Cooking & Games, Exploring the local area and attractions.

DAY CENTRE....

Craft, Painting, Movie Afternoons, Cooking, Baking and all things creative and fun!

LIFE SKILLS....

Menu Planning, Self Care, Budgeting, Cooking, Shopping, Staying Safe, Capacity Building and Personal Growth.

All programs run from 9am - 3pm and include breakfast cooked at the foundation, followed by a safety review of the day's activities.

Contact: Reception

Phone: 02 6581 0939

Address: 39 Jindalee Rd,
Port Macquarie NSW 2444



Group Activities August 2022



Ph: 02 6581 0939

AUGUST - Tuesday's

2nd August - Cost \$12.00

► Burrawan State Forrest

- Visit 'Old Bottlebutt'
- Outdoor Cooked Lunch Provided
- Morning/Afternoon Tea Provided

9th August - Cost \$5.00

► Lawn Bowls @ Port City

- BYO Lunch or \$\$ to Buy
- Morning/Afternoon Tea Provided

16th August - Cost \$15.00

► Fishing & BBQ Lunch

- Cook what you Catch!
- Lunch Provided
- Morning/Afternoon Tea Provided

23rd August - Cost \$15.00

► Yapang Bila Yapun

- Wauchope Sculptural Trail
- BBQ Lunch Provided
- Morning/Afternoon Tea Provided

30th August - Cost \$5.00

► Big Games Day

- BYO Lunch
- Morning/Afternoon Tea Provided

AUGUST - Wednesday's

3rd August - Cost \$15.00

► Yapang Bila Yapun

- Wauchope Sculpture Trail
- BYO Lunch or \$\$ to Buy
- Morning/Afternoon Tea Provided

10th August - Cost \$15.00

► Visit the Observatory

- Astronomy Information Session
- BYO Lunch or \$\$ to Buy
- Morning/Afternoon Tea Provided

17th August - Cost \$5.00

► Lawn Bowls @ Port City

- BYO Lunch or \$\$ to Buy
- Morning/Afternoon Tea Provided

24th August - Cost \$15.00

► Explore Dunbogan

- Outdoor Cooking and Lunch by the Water
- Morning/Afternoon Tea Provided

31st August - Cost \$5.00

► Big Games Day

- BYO Lunch
- Morning/Afternoon Tea Provided

AUGUST - Thursday's

4th August - Cost \$15.00

► Behind The Scenes

- Take a Tour of The Glasshouse
- BYO Lunch
- Morning/Afternoon Tea Provided

11th August - Cost \$10.00

► Dreamcatcher Workshop

- Make your own Dreamcatcher
- BYO Lunch
- Morning/Afternoon Tea Provided

18th August - Cost \$10.00

► Cake Decorating

- Bake & Decorate a Cake
- BYO Lunch
- Morning/Afternoon Tea Provided

25th August - Cost \$10.00

► Nature Art Day

- Collect Natural Materials to Create your own Artwork
- BYO Lunch
- Morning/Afternoon Tea Provided

All programs run from 9am - 3pm and include breakfast cooked at the foundation, followed by a safety review of the day's activities.