Group Activities JUNE 2023

Willing&ABLE FOUNDATION

Together We Can Make A Difference

Ph: 02 6581 0939

JUNE - Tuesday's

6th June - Cost $13.00

Ten Pin Bowling

- Wave Bowl PMQ
- BYO Lunch or $$ to Buy
- Morning/Afternoon Tea Provided

13th June - Cost $15.00

Vacation Village

- Big Games Day
- Picnic/BBQ Lunch Provided
- Morning/Afternoon Tea Provided

20th June - Cost $12.00

Foundation Cooking Day

- Chicken Parmigiana
- Lunch Provided
- Morning/Afternoon Tea Provided

27th June - Cost $12.00

Fishing & BBQ Day

- McInherney Park
- BBQ/Picnic Lunch Provided
- Morning/Afternoon Tea Provided

JUNE - Wednesday's

7th June - Cost $12.00

Cooking at the Foundation

- Gourmet Healthy Works Burgers
- Lunch Provided
- Morning/Afternoon Tea Provided

14th June - Cost $12.00

Visit Laurieton

- Big Games Day
- Lunch Provided (Fish 'N' Chips)
- Morning/Afternoon Tea Provided

21st June - Cost $10.00

Hydro Golf

- Lunch at Hibbard's Sport Club
- BYO $$ to Buy Lunch
- Morning/Afternoon Tea Provided

28th June - Cost $12.00

Visit North Haven

- Picnic Lunch with a View
- Lunch Provided
- Morning/Afternoon Tea Provided

JUNE - Thursday's

1st June - Cost $10.00

Pajama & Baking Day

- Baking, Pj's & Games
- BYO Lunch or $$ to Buy
- Morning/Afternoon Tea Provided

8th June - Cost $5.00

Ricardoes Tomatoes

- Pay for What You Pick
- BYO Lunch or $$ to Buy
- Morning/Afternoon Tea Provided

15th June - Cost $12.00

Quiche Making

- Prepare and Cook a Quiche
- Lunch Provided
- Morning/Afternoon Tea Provided

22nd June - Cost $12.00

Library & North Shore

- Visit the Library & Explore North Shore
- Picnic Lunch Provided
- Morning/Afternoon Tea Provided

29th June - Cost $13.00

Ten Pin Bowling

- Wave Bowl PMQ
- BYO Lunch or $$ to Buy
- Morning/Afternoon Tea Provided

JUNE - Friday's

2nd June - Cost $13.00

Ten Pin Bowling

- Wave Bowl PMQ
- BYO Lunch or $$ to Buy
- Morning/Afternoon Tea Provided

9th June - Cost $12.00

Cooking at the Foundation

- Gourmet Healthy Works Burgers
- Lunch Provided
- Morning/Afternoon Tea Provided

16th June - Cost $12.00

Multi Sports Game Day

- Indoor Sports Stadium
- BBQ/Picnic Lunch Provided
- Morning/Afternoon Tea Provided

23rd June - Cost $5.00

Lawn Bowls

- Port City Bowling Club
- BYO Lunch or $$ to Buy
- Morning/Afternoon Tea Provided

30th June - Cost $10.00

Hydro Golf

- Lunch at Hibbard's Sports Club
- BYO $$ to Buy Lunch
- Morning/Afternoon Tea Provided

Willing & Able have been assisting adults with disabilities for over 40 years. Among our many services is an activities program! Come along and join in the fun, in a safe, supported and inclusive environment.

IN COMMUNITY....
Walking, Swimming, Tennis, Mini Golf, Fishing, Ten Pin Bowling, Lawn Bowls, Outdoor Cooking & Games, Exploring the local area and attractions.

DAY CENTRE....
Craft, Painting, Movie Afternoons, Cooking, Baking and all things creative and fun!

LIFE SKILLS....
Menu Planning, Self Care, Budgeting, Cooking, Shopping, Staying Safe, Capacity Building and Personal Growth.

All programs run from 9am - 3pm and include breakfast cooked at the foundation, followed by a safety review of the day's activities.

Contact: Reception
Phone: 02 6581 0939
Address: 39 Jindalee Rd, Port Macquarie NSW 2444

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